Boston Safe, Boston Strong

Informational

Spot Crime MA:
- ➢ Desktop Only
- ➢ Only Includes Recent Information
- ➢ No Category for Sexual Assault
- ➢ https://www.spotcrime.com/ma/boston

Aspire:
- ➢ Free on the App Store & Google Play
- ➢ Get Information Discreetly and Plan Future Action (Help Function)

Refuge Restrooms:
- ➢ Free on the App Store & Google Play
- ➢ Allows transgender, intersex and gender nonconforming individuals to find safe restrooms to use.
- ➢ Map Searching Function + Specific Submit Functions

What's My M3:
- ➢ Free on the App Store & Google Play
- ➢ Gives You A Starting Point with Mental Health Professionals
- ➢ Interactive Quiz & Score Tracking

Preventative

Companion:
- ➢ Free on the App Store & Google Play
- ➢ Allows travellers to Designate a "Companion" to watch over them as they travel.
- ➢ I Don't Feel Safe vs. Call 911
- ➢ Doesn't Always Work Underground (Red Line in particular)
- ➢ Running Can Trigger an Emergency Alert

Watch Over Me:
- ➢ Free on the App Store & Google Play
- ➢ Alerts Users About 'High Crime Areas'
- ➢ Shake Alert Function
- ➢ Confirm Safety Function
- ➢ Free SMS messages limited to 7, but Unlimited In-App Notifications

iSurvive:
- ➢ Free on the App Store & Google Play
- ➢ 1 Button Emergency Dialing
- ➢ Morse Signals Function.

Documentary

EmergenSee:
- ➢ $0.99 on the App Store & Google Play
- ➢ Front & Rear Facing Camera
- ➢ Hide App Option
- ➢ NeverMind Option
- ➢ Custom Message Options

Stop a Stalker:
- ➢ $0.99 on the App Store & Google Play
- ➢ Complete Victim Guide
- ➢ Easy-To-Use Incident Tracking/Sending

Supportive

PTSD Coach:
- ➢ Free on the App Store & Google Play
- ➢ Assessment Tracking Function
- ➢ Distress Rating System
- ➢ Customized Symptom Management

Habitica:
- ➢ Free on the App Store & Google Play
- ➢ Task Organization & Reward System
- ➢ Total Task Privacy

SAM:
- ➢ Free on the App Store & Google Play
- ➢ Immediate Assistance for Panic Attacks
- ➢ Trigger Tracker
- ➢ Anxiety Toolkit

Virtual Hope Box:
- ➢ Free on the App Store & Google Play
- ➢ Differentiates Types of Help (i.e. Distract, Inspire, Relax, Remind)
- ➢ Relaxation Customization